



BODY TREATMENT MENU

&Beyond has partnered with Healing Earth, a leading natural, eco-friendly and holistic spa & skincare company, to produce a truly authentic African spa experience for the mind, body and soul. Therapeutic in its approach, Healing Earth only uses all-natural ingredients and essential oils. The luxuriant spa products & soothing treatments are inspired by the wisdom of Africa's traditional healers & celebrate our continent's vibrant heritage, communities and plant life.

Your journey starts with a traditional African foot cleansing ritual. The foot ritual symbolizes the cleansing of influences & thoughts, allowing for each treatment to start with one feeling centered & calmed. Your journey ends with the soothing sounds of the African Rainforest with a Rain stick Sound Therapy Ritual.

Quiet Mind Journey

You are required to create a personal affirmation to reclaim an unconditional acceptance & love for yourself & reconnect with your soul to release all negative energy from deep within. A unique blend of aromatherapy and plant oils chosen specifically by you, combining deep tissue massage techniques to bring relaxation to tired, aching muscles allowing the body and soul to return to perfect equilibrium. Choose from a blend of aromatherapy oils to either destress, hydrate, relax or detox.

Full body: 90 min | \$120

Back & Neck only: 45 min | \$60

30 min | \$45



Healing Earth African Shea Butter Ritual

African Shea Butter has been long hailed for its powerful healing and nourishing effects. Relaxing nourishing and energizing this full body massage targets specific areas of tension and muscular discomfort employing deep tissue techniques where pain is dramatically alleviated.

Full Body & Scalp 75min | \$90

Back, Neck & Scalp 45min \$50

Soul of the Earth Celebration

Re-awaken your Soul with a combination of powerful African aromatherapy oils and botanical body balms combining traditional African Calabash and Bamboo tools with human touch and rhythmic movement in this indulgent ritual, the ultimate source of relaxation to bring balance to your mind, body and soul in the heart of Africa, the cradle of mankind, through touch and vibrational sound therapy using ancient sound tools and techniques.

Choose African Potato for its Ancient Healing powers, Marula Neroli for a Sensory Indulgence, Kalahari Melon for its Hydrating Properties, Mongongo Nut to Detox or Cinnamon & Orange to Firm and Tone

Full body & Scalp: 90min | \$160

Back & Scalp: 60min | \$90

Earth Glow Body Polish and Wrap

Re-awaken your senses through gentle exfoliation & envelope your body with inspirational blends of natural African essential oils & botanicals. We start the treatment with a dry polish followed by a full body polish to alleviate tension and renew skin. We then do the wrap & an indulgent full body massage using our powerful collection of indigenous African oils & balms.

Choose African Potato for its Ancient Healing powers, Marula Neroli for a Sensory Indulgence, Kalahari Melon for its Hydrating Properties, Mongongo Nut to Detox or Cinnamon & Orange to Firm and Tone

120min | \$180



Healing Earth After-Sun Treatment

After a long day in the sun, the soothing Aloe Vera body mask will cool you down, followed by nourishing African Potato Balm to repair the skin and help it recover.

45min | \$50

African Hand & Foot Treatments

African Footprint Ritual

Melt away stress and rejuvenate your tired legs with this foot treatment which will leave your feet feeling hydrated, softened and silky smooth, ready to conquer the African bush. Your feet is soaked in an African Joy energizing salt soak, scrubbed with rejuvenating peppermint and eucalyptus scrub and embalmed in African Shea Butter. Relax as you receive a shoulder and scalp massage and finish the treatment with a cooling foot gel to put the final spring in your step

30min | \$30

60min | \$50

African Handprint Ritual

The ultimate hand ritual. Your hands are polished with a pure Peppermint and Aloe Vera polish and cuticles restored with indigenous healing oils. Your hands are then embalmed with African Shea Butter. Relax as you receive a shoulder and scalp massage and finish the treatment with a nourishing Pinotage hand oil massage, leaving your hands feeling soft and rejuvenated.

30min | \$30

60min | \$50



WildChild Beauties & Buddies

A WildChild needs pampering too

Soak those tired little feet in Healing Earth's Lavender and Jasmine bubble bath, followed by a Mango Orange scrub, toe nail grooming and mini foot tickle and rub. To recharge your energy a 15min back, neck and shoulder massage with pure Aloe Vera Gel will guarantee to send our budding rangers off on their next adventure in the African Bush. Finish your treatment with an African Tribal Face Paint and if you choose to, leave with your own Beauties and Buddies Pamper Kit to remember your adventure in the wild and remind you of how important it is to Care for the Land, Wildlife and People of this world.

Beauties & Buddies 30min Treatment & Pamper Kit | \$80

